

# The Beacon



Connecting Professionals. Touching Lives.

Nkenge Hyter, Editor

www.alafcs.org

## From the President



### Greetings to all ALAFCS members,

My first six months of serving as your state president have been challenging and rewarding. It has given me a true appreciation of the dedication of our members. Thank you for the opportunity to serve in this capacity. This edition of the Beacon will hopefully bring you up to date on the happenings in our organization.

The ALAFCS Executive Board is a hard working group of representatives from all areas of Family and Consumer Sciences.

They touch the lives of individuals across the state. We had our first board meeting in June and used it as a training session to learn about duties of board members and proper parliamentary procedures. Since June, we have met in August and in November to put in place goals and activities for the year in place.

Also in June, I had the privilege to attend the AAFCS 103<sup>rd</sup> Annual Conference and Expo in Indianapolis, Indiana. It was a great opportunity to network and gather ideas from across the nation.

At the present time, plans are underway for our annual conference to be held at the Doubletree Hotel in Birmingham on February 21-22, 2013. The Friday morning event on February 22nd will be held at The

Club atop Red Mountain. This year will mark our third joint conference with the National Extension Association of Family and Consumer Sciences, Alabama Affiliate. Our theme, *Connecting Professionals through Family and Consumer Sciences*, is appropriate for achieving our goals of serving families in Alabama.

Make your plans now to attend and have the opportunity to gather new ideas for Family and Consumer Science programming in your area. See you in the Magic City.

**Joann Wissinger,**  
**President ALAFCS**



### Beacon at a glance

- State Conference Invitation!
- State Conference Agenda
- State Conference Registration Form
- Scholarships
- A Call to Serve
- ALAFCS Awards
- Call to Research
- Finance Challenge

## Fun with Words

G	C	M	R	M	O	N	I	K	F	M	J	V	Q	K
Z	Q	P	G	J	E	X	E	R	C	I	S	E	V	X
T	T	E	Y	E	K	R	U	T	D	C	C	G	E	X
V	L	P	L	Y	L	I	M	A	F	O	O	E	Y	K
Z	P	B	A	P	T	B	E	A	C	O	N	T	N	T
J	Z	J	M	S	P	S	L	S	P	I	N	A	C	H
P	F	S	E	E	T	A	L	P	Y	M	E	B	V	L
S	S	T	S	E	P	A	R	A	T	E	C	L	C	K
S	C	A	R	B	O	H	Y	D	R	A	T	E	S	G
L	F	F	N	U	Y	R	F	H	L	E	I	S	F	S
E	V	R	A	I	G	G	X	O	T	C	N	N	N	W
B	S	N	I	E	T	O	R	P	X	L	G	I	K	M
D	A	I	R	Y	N	I	Y	R	E	T	A	W	M	N
F	A	T	F	R	E	E	Z	S	V	R	J	E	A	H
Z	H	I	O	S	E	A	M	E	G	D	F	P	H	T

ALAFCS	APPLE	BEACON
CALORIES	CARBOHYDRATES	CONNECTING
DAIRY	EXERCISE	FAMILY
FAT-FREE	FATS	FRUITS
GRAINS	HEALTHY	MINERALS
MYPLATE	NEAFCS	PASTA
PROTEINS	SANITIZE	SEPARATE
SPINACH	TURKEY	VEGETABLES
WATER	YOGURT	



You are Cordially Invited

*to Attend the*

# 2013 Annual Conference & Expo

**When: February 21-22, 2013**

**Where: Doubletree by Hilton, Birmingham, Alabama**

**Theme: *“Connecting Professionals through Family & Consumer Sciences”***

Conference is being held jointly with the National Extension Association of Family and Consumer Sciences, Alabama Affiliate.

Register early and encourage your co-workers to attend!

**Registration deadline: January 28, 2013**





# Program Agenda

## 2013 JOINT STATE CONFERENCE

February 21-22, 2013

AMERICAN ASSOCIATION OF FAMILY AND CONSUMER SCIENCES – Alabama Affiliate  
NATIONAL EXTENSION ASSOCIATION OF FAMILY AND CONSUMER SCIENCES, Alabama Affiliate  
*“Connecting Professionals through Family & Consumer Sciences”*

**Accommodations:** **Doubletree by Hilton**  
808 South 20<sup>th</sup> Street  
Birmingham, AL 35205

Room Rate: \$129 + tax  
Reservations deadline: January 28, 2013  
Phone: (205) 933-9000 or  
1-800-222-TREE (8733)  
FAX: (205) 933-0920

**Wednesday, February 20**  
6:30-8:30

**Doubletree by Hilton**  
ALAFCS Executive Board Meeting & Dinner

**Thursday, February 21**

7:30-4:00  
7:30-4:00  
8:45-9:45

**Doubletree by Hilton**  
Registration  
Silent Auction  
Opening/General Session  
Welcome  
Keynote Speaker: *Mike Royer of Alabama's Award Winning Channel 13*  
Plenary Session: *Panel Discussion on the future of Family & Consumer Sciences*  
Break  
Concurrent Sessions/Research Session  
Luncheon  
Awards and Scholarships  
ALAFCS Business Meeting/NEAFCS Business Meeting/Student Unit Business Meeting  
Concurrent Sessions/Research Sessions  
Break  
Concurrent Sessions/Research Sessions  
Silent Auction Pickup

**Friday, February 22**

8:45-9:15  
9:15-11:30

**The Club, 1 Robert S. Smith Drive, Birmingham, AL 35209, Ph: (205) 323-5821**  
Registration  
Breakfast  
Fashion Show  
Guest Speaker  
Officer Installation  
2014 Conference Invitation

**AMERICAN ASSOCIATION OF FAMILY AND CONSUMER SCIENCES – ALABAMA AFFILIATE  
2013 ANNUAL CONFERENCE REGISTRATION  
February 21-22, 2013**

Name \_\_\_\_\_ Title \_\_\_\_\_  
**Non-members are encouraged to Save & join:**  
**American Association of Family & Consumer Sciences**  
**online at [www.aafcs.org](http://www.aafcs.org).**

AAFCs Membership # \_\_\_\_\_  
 CFCS: \_\_\_\_\_ Yes \_\_\_\_\_ No Student: \_\_ Yes \_\_ No College or University: \_\_\_\_\_  
 Home Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Home Phone: \_\_\_\_\_ Email: \_\_\_\_\_ Fax: \_\_\_\_\_  
 Employer: \_\_\_\_\_ School: \_\_\_\_\_

**REGISTRATION**

<b>Full Conference Member Registration</b>	<b>Postmarked by</b>	<b>Postmarked after</b>	<b>AMOUNT</b>
<b>(Includes Thurs. lunch, conference, Friday Breakfast)</b>	<b>February 1</b>	<b>February 1</b>	
Active Member	\$155.00	\$170.00	_____
Retired Member	\$ 80.00	\$ 95.00	_____
Student	\$ 55.00	\$ 70.00	_____
Thursday Only-Member Registration (includes Lunch)	\$105.00	\$120.00	_____
Friday Only-Member Registration (includes Breakfast)	\$ 55.00	\$ 70.00	_____
<b>Full Conference Non-Member Registration</b>	\$305.00	\$355.00	_____
Thursday Only Non-Member (includes Lunch)	\$255.00	\$305.00	_____
Friday Only Non-Member (includes Breakfast)	\$100.00	\$150.00	_____
<b>Guest: Luncheon Ticket (Thursday – Doubletree)</b>	\$ 35.00		_____
<b>Guest: Breakfast Ticket (Friday – The Club)</b>	\$ 25.00		_____
<b>TOTAL REGISTRATION INCLUDED</b>			_____

*\*On-site registration will have limited number of luncheon and Breakfast tickets available!*

\_\_\_\_\_ Vegetarian Meals Requested \_\_\_\_\_ Note any additional special dietary needs: \_\_\_\_\_

**Make checks payable to ALAFCS. \*\***  
**No postdating of checks.**  
**Return with registration form to:**  
 Marsha Carter  
 2141 Chickasaw Drive  
 Florence, AL 35630

**Hotel Information: Doubletree by Hilton**  
**808 South 20<sup>th</sup> Street**  
**Birmingham, AL 35205**  
**(205)933-9000 or 1-800-222-TREE**  
 ALAFCS Rate is \$129.00 per night plus tax.  
 Room block held through January 28, 2013.

Contact: Joann Wissinger, President, ALAFCS, (205) 325-5342, ext. 12, [smithem@aces.edu](mailto:smithem@aces.edu)  
 Carolyn Ricketson, Meeting Co-Chair, (205) 613-7393, [carolynricketson@yahoo.com](mailto:carolynricketson@yahoo.com)

**REFUND POLICY:** No refunds after February 10. All requests for refunds must be submitted in writing.

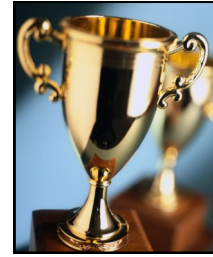
**\*\*RETURNED CHECKS** will be subject to the ALAFCS Return Check Policy with an additional \$25.00 charge.

**ADA Statement:** If you have a physical disability & need special accommodations related to access, please indicate below:

I need the following assistance: \_\_\_\_\_



# ALAFCS Scholarships



## **In-State Scholarship for Post Secondary Level FACS Major Two Year Institution (NEW)**

Any high school senior in the Alabama FACS program who meets the criteria may apply for a \$500 Alabama Association of Family and Consumer Sciences Scholarship.

The applicant must enroll and major in a family and consumer sciences field at an Alabama public and/or private two-year institution offering degrees in the Culinary Arts, Interior Design, Child Development, etc.

Scholarship information may be found on the ALAFCS and APT Web page; [www.alafcs.org](http://www.alafcs.org)  
<http://iqlearnonline.org/>

Students MUST mail their completed application by **January 15, 2013** (or sooner) to:

**Judy Brown,**  
**ALAFCS Scholarship Chair**  
**P.O. Box 302101**  
**Career and Technical Education**  
**Montgomery, AL 36130-2101**

This scholarship is for students only entering a two year degree program! The award recipient will be invited to the ALAFCS State Meeting in February 2013 to receive the award.

## **In-State Scholarship For Post Secondary Level FACS Major Four Year Institution**

Any high school senior in the Alabama FACS program who meets the criteria may apply for a \$1000 Alabama Association of Family and Consumer Sciences Scholarship.

Scholarship information may be found on the ALAFCS and APT Web page; [www.alafcs.org](http://www.alafcs.org)  
<http://iqlearnonline.org/>

Students MUST mail their completed application by **January 15, 2013** (or sooner) to:

**Judy Brown,**  
**ALAFCS Scholarship Chair**  
**P.O. Box 302101**  
**Career and Technical Education**  
**Montgomery, AL 36130-2101**

The award recipient will be invited to the ALAFCS State Meeting in February 2013 to receive the award.

## **Undergraduate, FACS Education Major, and Graduate Scholarship Opportunities**

Any student in the Alabama College System who meets the criteria may apply for a \$1000 Alabama Association of Family and Consumer Sciences Scholarship to be awarded at the ALAFCS State Meeting in February 2013. Applicants are encouraged to be paid student members of AAFCS. Please review the "new" rubric added to the application process this year.

Scholarship information may be found on the ALAFCS Web page; [www.alafcs.org](http://www.alafcs.org)

Students MUST mail their completed application by (or sooner) **January 15, 2013** to:

**Judy Brown,**  
**AAFCS Scholarship Chair**  
**P.O. Box 302101**  
**Career and Technical Education**  
**Montgomery, AL 36130-2101**

The award recipient will be invited to the ALAFCS State Meeting in February 2013 to receive the award.



*The Beacon* articles are due by **April 5, 2013** for the May addition of the newsletter. Please send articles about upcoming events; without your input, *The Beacon* will not happen.

Please email articles to Nkenge Hyter, [nch0004@aces.edu](mailto:nch0004@aces.edu).  
Articles should be a Microsoft Word Document  
Times New Roman Font, Size 10

Thank you to those who submitted articles to *The Beacon* for the December edition. *Special thanks goes to Robbie Boggs and Joann Wissinger for helping with editing!*

## A Call to Serve

The Nominating Committee is seeking nominations of persons to fill the following offices:

*President-elect*  
*Vice President for Program Development*  
*Treasurer*  
*Historian*

### Excerpts from Bylaws: Article V, Officers and Elections

**President-Elect:** The president-elect shall be elected annually. The office of president shall be assumed on June 1 of the year during which the member has served as president-elect. Only members who are current or former members of the Executive Board shall be eligible for the presidency.

**Vice-President for Program Development, Treasurer and Historian:** These officers shall be elected to take office in odd-numbered years. Each officer shall serve two years and shall assume office on June 1 in the year elected.

For additional information, please go to the ALAFCS website, [www.alafcs.org](http://www.alafcs.org).

### Nominations should be sent to:

**Bernice Richardson**  
**5902 Fortune Drive**  
**Huntsville, AL 35811**  
**by January 15, 2013**

**Thank you,**  
**The Nominating Committee**  
Bernice Richardson (chair),  
Donna Bell,  
Jean Garner,  
A. Renee' Heard, &  
Jackie Ramsey

## 2013 ALAFCS Awards

The Alabama Association of Family and Consumer Sciences is pleased to offer awards to outstanding professionals. All recipients must be current members of AAFCS with the exception of the *Friend of the Family Award*.

### *Teacher of the Year Award.\**

Candidates must be full-time, K-12 teachers of Family and Consumer Sciences. The nominee is an AAFCS member at the time of nomination and for at least three consecutive years prior to nomination. The candidate creates and runs a Family and Consumer Sciences Program that focuses on one of the following five program areas: Career Awareness/Job Skill Training; Consumer Education/Family Finance; Creative Dimensions/Alternative Program Designs; Family Life/Person and Social Development; or Nutrition Education/Diet and Health. Each district is encouraged to submit a nomination.

### *Extension Family and Consumer Sciences Award.\**

This award honors an outstanding Extension professional that has enabled people to improve their lives and communities through learning partnerships.

### *Future Family and Consumer Sciences Professional Award (New Achievers).\**

This award recognizes emerging professionals who have shown potential for making contributions to the profession. The candidate must have earned a family and consumer sciences degree and have completed three to eight years of service in the field.

### *Leaders Award.\**

This award is given to identify and honor Family and Consumer Sciences professionals who have made significant contributions to the profession through involvement with ALAFCS/AAFCS. The nominee must have completed more than eight years of service in the field.

\*These four award winners may be eligible for National Recognition but an additional application will need to be submitted to AAFCS.

### *Friend of the Family Award.*

This award is presented to an individual or organization involved in making policy decisions that affect the well-being of the State's families. The recipient of this award does not necessarily have to be a member of AAFCS.

**Please take time to nominate members or friends that are deserving of these awards by January 15, 2013.**

### Nominations should be sent to:

**Susan Wingard,**  
**302A Byrne Street,**  
**Bay Minette, AL 36507**  
**Email: [wingasf@aces.edu](mailto:wingasf@aces.edu)**

Self-nominations will be accepted. Nominations should include the name of the nominee, and the award category. Please attach a Word document (no more than two pages) that describes the nominee's educational program and/or what makes the nominee outstanding.

**Have a safe**  
**Holiday**  
**&**  
**Happy New Year!**



## ALAFCS Call for Research

**Dear Alabama Association of Family and Consumer Sciences Members:**

The Alabama Association of Family and Consumer Sciences (ALAFCS) is pleased to announce that abstracts for research, innovative teaching, creative works, and poster presentations are currently being requested for review. The ALAFCS annual conference will convene on February 21-22, 2013 in Birmingham, Alabama.

Submission for papers should be formal in structure and format. The presentations should be a development by the author of substantiated theories or studies from which findings are presented that provide insight into a topic advancing the body of knowledge in the discipline. Presentations should be of topics that include presentation of empirical or research findings, exploration of educational methods, theory development, critical analysis, creative endeavors, or similar subjects. Poster presentations should develop appropriate visual information that expresses an idea or tracks a process relevant to topics in Family and Consumer Sciences.

The deadline for abstracts and poster submittals is **January 15, 2013**. Questions or request for additional information should be addressed to:

**Jeannie Frazier, Instructor,  
Department of Family and Consumer Sciences,  
Jacksonville State University,  
700 Pelham Road North,  
Jacksonville, Alabama 36265  
Telephone: 256-782-5184  
E-mail: [gfrazier@jsu.edu](mailto:gfrazier@jsu.edu)**



## Alabama Finance Challenge

*Presented by  
ACEE and State Treasurer Young Boozer  
In cooperation with  
Wells Fargo, ALSDE, Council for Economic Education,  
The University of Alabama,  
and  
Alabama Securities Commission*

Welcome to the **Alabama Personal Finance Challenge!** Give your students grades 9-12 a chance to demonstrate their knowledge of personal finance in a fun and rewarding way!

- **January 2, 2013** - Teacher Registration Begins
- **March 6 to April 9, 2013** - Online Competition - Teams login and face the Challenge!
- **April 11, 2013** – Top online teams announced
- **April 23, 2013\*** - The Alabama State Championship. Top online teams invited to participate in onsite competition at The University of Alabama to determine state champion. Team travel stipends available. The winner of the Alabama Championship advances to the National Personal Finance Challenge.
- **May 2013** - National Competition in St. Louis, Missouri - Travel Stipend
- **Teachers** - Register for the Alabama Personal Finance Challenge and start creating your student teams. Each person on a four person team individually completes a 30 question online test. No limit on number of teams per school. Test results are confidential
- **Students** - Study hard! The Alabama Personal Finance Challenge will test your knowledge of Income, Money Management, Spending, Credit, Saving and Investing. Teachers may create as many student teams as they like at no charge. Students compete in teams of four online. ACEE invites the top teams to participate at the onsite Alabama Championship on April 23\* at The **University of Alabama** in Tuscaloosa.

### **Teacher training workshops and webinars with curriculum materials!**

See training opportunities at [www.alcee.org](http://www.alcee.org). Workshops include free curriculum materials and usually, but not always, substitute pay. To register for a workshop or webinar, email [council@economicsouth.org](mailto:council@economicsouth.org).

### **Contact us:**

Wanda McAbee, Program Director  
Alabama Council on Economic Education  
[wandamcabee@economicsouth.org](mailto:wandamcabee@economicsouth.org)  
Toll Free: 866.326.0585  
[www.alcee.org](http://www.alcee.org)

*\*Please note: Dates subject to change. Check our website for updates.*

The Beacon  
Alabama Association of Family & Consumer Sciences  
2121 Building, Suite 1700  
2121 Reverend Abraham Woods Jr. Blvd.  
Birmingham, Alabama 35203-2387